



St. Mary's WOODS

RETIREMENT
COMMUNITY

Spring
2025

1257 Marywood Lane • Richmond, Virginia 23229 • stmaryswoods.com • 804-658-2085

Pasta-tively Amazing!

There's nothing like a hearty spaghetti dinner to feed the body and the soul. At St. Mary's Woods, our dining team makes a family-style pasta menu that's second to none. It's a surefire way to bring friends and loved ones of all ages to the table!



Joan O'Rourke enjoys a visit with her daughter Sandi O'Rourke Strohmman and Sandi's husband, Nile.

Betty Butterworth



Marie Uhrig



Phil Frederick beams while surrounded by his family.



"The dinner was delightful and delicious... the joy and laughter along with the wonder of younger guests filled the room and my heart."
~Joan MacKay



Joan MacKay,
Resident Council
President, Welcome
Lunch Leader, and
Sign Language Teacher
signs "welcome"
in American Sign Language.



Joe Borzelleca and
Nancy Skelton,
Eucharistic Ministers

Those Who Serve

Winston Churchill said, "We make a living by what we get. We make a life by what we give."

It is a sentiment vigorously embraced by our community and demonstrated daily by our large group of resident volunteers. By giving of their time, talents, and energy, they improve the lives of their neighbors as well as their own, and for that, we thank them!



John Lomax,
Prayer Group
Leader



Marcia
Gillespie,
Pianist



Willo Newton,
Activity Board
Coordinator



Judy Severson,
"Saturday Night
Live" Current Events
Discussion Leader



Linda Cameron and Helen Clayton
(shown with Bus Driver Barry Tudor),
Woodloire Newsletter Team



Peter Kuester and
Ben Scafidi, Catholic
Services Team



Ralph Pupo and
Margie Rivnyak,
"Cozy Corner" Store
Associates

The CSM Community Family

Chesterbrook Residences
Residential Living, Assisted Living
Falls Church, Virginia • 703-531-0781

Marian Manor
*Assisted Living,
Intensive Assisted Living*
Virginia Beach, Virginia • 757-456-5018

Mennowood
*Independent Living, Assisted Living,
Memory Care*
Newport News, Virginia • 757-249-0355

Our Lady of Hope
*Assisted Living, Memory Care,
Intermediate & Skilled Nursing Center*
Richmond, Virginia • 804-360-1960

Our Lady of Peace
*Residential Living, Assisted Living,
Memory Care, Nursing Center*
Charlottesville, Virginia • 434-973-1155

Our Lady of Perpetual Help
*Extensive Assisted Living,
Memory Care, Nursing Center*
Virginia Beach, Virginia • 757-495-4211

Our Lady of the Valley
*Assisted Living, Memory Care,
Intermediate & Skilled Nursing Center*
Roanoke, Virginia • 540-345-5111

Potomac Place
Assisted Living, Memory Care
Woodbridge, Virginia • 703-494-3817

Tall Oaks Assisted Living
Assisted Living, Memory Care
Reston, Virginia • 703-834-9800



CSM Senior Living
Management

Gallery Gals

OMA (Opening Minds through Art) continues to enrich the lives of our creative residents. A small group from St. Mary's Woods recently attended a special gallery exhibit at St. Stephen's Episcopal Church Café, where three of our artists were featured! A lovely reception and tour of the church was also enjoyed by all!

Willo Newton, Helen Zachwieja, Director of Life Enrichment
Michelle Odom, Director of Special Projects Nan Pascal, Sally Gunn, "Art for the Journey" Director of Intergenerational Programs
Stephanie Shanks, and Life Enrichment Associate Evelyn Schulman.

From left,
artwork by Willo,
Helen, and Sally.



St. Mary's Woods is nonprofit, nondenominational, and is sponsored by the Catholic Diocese of Richmond.
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Exceptional Living,
Without Exception.

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