



WINTER 2024

1257 Marywood Lane • Richmond, Virginia 23229 • stmaryswoods.com • 804-741-8624

#### Shannon Jones looking at our wall of heros!

Veterans Day with Trinity Hospice

St. Mary's Woods celebrated Veterans Day by honoring all our residents who served. They received a pin and certificate for their service. Patriotism was in the air as we played and sang along to all our favorite fight songs!

> Patriotic Fun with Shannon Jones, Ashley Phillips, Judy Seversen, Chris Thompson, Bill Seversen.

Phil Frederick

Trinity Hospice We Appreciate Our Veterans CPT Jean Radford United States Army and I fabric to you for your making some to America and

TRINITY

Jean Radford with her recognition certificate. Ralph Pupo receiving his pin!

# Watercolor Class with Curtis

This past December our Life Enrichment Coordinator Curtis taught a watercolor series to our residents using a variety of mediums including watercolor pencils. Residents painted serene winter scenes including cardinals.



FUN FACT The Northern Cardinal has been the official state bird of Virginia since January 25th, 1950.

Curtis Sutphin shows Millie Canonico how to add details to her painting.

> St. Mary's Residents enjoying the watercolor class with Curtis!

Jane Burge Chris Thompson, JT Belton and Jim Spain celebrate a touchdown!

### For the Win!

The competitive spirit was on display during our tailgate party and chili cook-off event! We celebrated by watching the big game, tasting chili recipes, and fellowship with residents and guests.



Ralph Pupo and Family enjoying the tailgate fun!

Bill and Judy Seversen, Joanie Wilson and Bick Bickerstaff enjoying the tailgate feast!

Mary-George Smith and her granddaughter



Home & Hearth St. Mary's Woods

part in building our

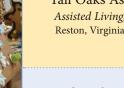
annual Holiday

Gingerbread Village!

Residents and Staff took

Susan Wolski and Sylvia Ball

Helen Clayton and her daughter decorate their gingerbread houses together!





© Coordinated Services Management, Inc. Professional Management of Retirement Communities Since 1981.

#### The Coordinated Services Management Community Family

Chesterbrook Residences Residential Living, Assisted Living Falls Church, Virginia • 703-531-0781

Marian Manor Assisted Living, Intensive Assisted Living Virginia Beach, Virginia • 757-456-5018

Mennowood Independent Living, Assisted Living, Memory Care Newport News, Virginia • 757-249-0355

Our Lady of Hope Assisted Living, Memory Care, Intermediate & Skilled Nursing Center Richmond, Virginia • 804-360-1960

Our Lady of Peace Residential Living, Assisted Living, Memory Care, Nursing Center Charlottesville, Virginia • 434-973-1155

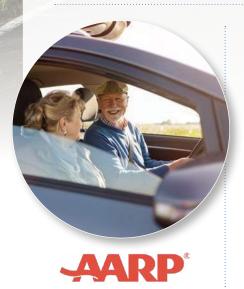
Our Lady of Perpetual Help Extensive Assisted Living, Memory Care, Nursing Center Virginia Beach, Virginia • 757-495-4211

Our Lady of the Valley Assisted Living, Memory Care, Intermediate & Skilled Nursing Center Roanoke, Virginia • 540-345-5111

Potomac Place Assisted Living, Memory Care Woodbridge, Virginia • 703-494-3817

Tall Oaks Assisted Living Assisted Living, Memory Care Reston, Virginia • 703-834-9800

## You're Invited! Join us for this event happening at St. Mary's Woods.



#### **AARP Smart Driver Classroom Course**

Tuesday, February 27th or Tuesday, March 26th 9AM - 5PM

Cost: \$20 for AARP members; \$25 for non-members. Includes a complimentary lunch.

Registration is required. Call 804-741-8624 to reserve your spot!

Please call 804-741-8624 for more information about exceptional living opportunities at St. Mary's Woods.



St. Mary's Woods is nonprofit, nondenominational, and is sponsored by the Catholic Diocese of Richmond. © Coordinated Services Management, Inc. Professional Management of Retirement Communities Since 1981.



1257 Marywood Lane, Richmond, Virginia 23229

Exceptional Living, Without Exception.





804-741-8624 | stmaryswoods.com **f** facebook.com/stmaryswoods