

SPRING  
2023



# St. Mary's WOODS

RETIREMENT  
COMMUNITY

1257 Marywood Lane • Richmond, Virginia 23229 • [stmaryswoods.com](http://stmaryswoods.com) • 804-741-8624



One talented squirrel! Nutzy serves up fist bumps and ice cream to happy residents.

## Spring Training

Our residents and team members are ready for the new season, warmer weather, and longer days. You could say we've been in the middle of "Spring Training," with a visit from Mr. Softee's Ice Cream Truck and Nutzy the Flying Squirrel!



John "Pat" Gilman (on right) enjoys a visit from his friend, Howard Campbell.



All smiles! Joan Mackay is happy to spend time on the porch with Nutzy.



# Continuing The Legacy

This year, St. Mary's Woods is celebrating 35 years of service to seniors and their families! Our community is more than just a building. It's a family tree with many branches, including our residents and team members. To commemorate this momentous milestone, we will host a Homecoming Celebration in the fall. In the meantime, we're highlighting some of the amazing individuals who live and work in our community.



### Second Generation

Sally Gunn poses with a photo her mom, Mrs. Roberta Pope, who became a resident in 1999!



Charles Goudeock, Janitor (an "original" St. Mary's Woods team member!)

Erin Kelly, Director of Life Enrichment & Food Service, and Clyde Carter, Dining Room Manager



Rhonda Fogleman, Director of Admissions & Marketing



Liz Cardaropoli, LPN Charge Nurse

  
**Show us your year!**  
Team members show off their longevity with numbers representing the number of years they have served.



Jotanya "JT" Belton, Administrator

# The Great Outdoors

Fresh air and sunshine – these are two things that our residents love and never take for granted! Thanks to our mature woods, walking paths, and quiet outdoor spaces, there is always a place to walk or relax while enjoying Mother Nature. When we long for new scenery, Richmond offers a plethora of lovely parks that are only a short drive away.

Linda Cameron makes a new friend during a stroll through Deep Run Park.



A sampling of the flora and that graces our community.

From left: Business Office Manager Gail Goare, Resident Dorothy Zeck, and Administrator Jotanya “JT” Belton spend some time on the front porch with JT’s puppy, Ziggy.



## The Coordinated Services Management Community Family

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# You're Invited!

Join us for these events happening soon at St. Mary's Woods.

## Spring Fling Concert

Thursday, June 8  
5:30 pm – 6:30 pm

Live music by the Sarah Arthur Band.

## Fourth of July Festivities

Sunday, July 4  
Time TBD

Flag Raising and Prayer  
Independence Day Cookout  
Richmond Cadet Alumni Band Performance

## National Melon Day Celebration and Concert

Date and Time TBD

Watch our Facebook page for details on this new event coming in August!

*Please call 804-741-8624 for more information about exceptional living opportunities at St. Mary's Woods.*



St. Mary's Woods is nonprofit, nondenominational, and is sponsored by the Catholic Diocese of Richmond.  
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*Exceptional* Living,  
Without Exception.

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